

8848 Nepal

Lumbini Tour



Trip Facts

Trip Duration: 4 Days

Difficulty Level: Easy

Trip Area: Lumbini Province

Maximum Altitude: 150m/492.13ft

Best Season: September-November and March-May

Accommodation: Hotels, Resorts & Lodges

Transportation: Flight, Car, Jeep or Bus

Trip Start: Kathmandu

Trip End: Kathmandu

Itinerary Highlights

- Maya Devi Temple
- Ashoka Pillar
- Sacred Garden
- International Monastic Zone
- Lumbini Museum
- Pilgrimage Circuit
- Cultural Exchange Center
- Natural Beauty

Trip Overview

Lumbini, nestled in the lush plains of Nepal, holds a sacred allure as the birthplace of Siddhartha Gautama, the revered figure who later attained enlightenment as the Buddha. Surrounded by verdant landscapes and adorned with colorful prayer flags, Lumbini exudes a tranquil ambiance that invites contemplation and introspection. At its heart lies the Maya Devi Temple, marking the exact spot where Queen Maya Devi gave birth to Prince Siddhartha

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under the shade of a sacred sal tree. This hallowed site serves as a pilgrimage destination for Buddhists worldwide, who gather to pay homage and seek spiritual solace. Amidst the peaceful surroundings, numerous monasteries and meditation centers representing diverse Buddhist traditions offer a sanctuary for introspection and dialogue. Lumbini, recognized as a UNESCO World Heritage Site, stands not only as a testament to the historical significance of Buddhism but also as a symbol of peace, harmony, and cultural heritage.

Detail Itinerary

Day 1: Fly/Drive to Lumbini

Morning: Arrive at Gautam Buddha Airport in Bhairahawa, which is the nearest airport to Lumbini. Transfer to your hotel in Lumbini.

Afternoon: Check-in at the hotel and freshen up. Enjoy lunch at a local restaurant.

Evening: Visit the Maya Devi Temple and the Sacred Garden, the focal points of Lumbini. Spend time exploring these sacred sites, offering prayers, and soaking in the peaceful ambiance.

Day 2: Exploring Lumbini

Morning: Start your day with a visit to the Ashoka Pillar, located near the Maya Devi Temple. Learn about its historical significance and admire the inscriptions.

Late Morning: Explore the Lumbini Museum, which houses a rich collection of artifacts, sculptures, and relics related to the life of the Buddha and the history of Buddhism.

Afternoon: Enjoy lunch at a local restaurant, then head to the International Monastic Zone. Visit various Buddhist monasteries representing different countries and traditions, such as the Tibetan, Thai, and Japanese monasteries.

Late Afternoon: Take a leisurely stroll or rent a bicycle to explore the picturesque surroundings of Lumbini. Visit nearby villages, interact with locals, and witness rural life in Nepal.

Evening: Return to your hotel and relax. Enjoy dinner at a local restaurant or at your hotel.

Day 3: Pilgrimage Circuit and Cultural Exchange

Morning: Begin your day with the Lumbini Pilgrimage Circuit, which takes you to significant landmarks associated with the life of the Buddha. Visit sites such as the Lumbini Crane Sanctuary, Kapilvastu Museum, and Ramagrama Stupa.

Late Morning: Continue the pilgrimage circuit with visits to Tilaurakot, the ancient capital of the Sakya kingdom where the Buddha spent his early years, and Niglihawa, known for its ancient ruins and inscriptions.

Afternoon: Enjoy lunch at a local restaurant, then participate in cultural exchange activities at the Lumbini Cultural Center. Engage in workshops, seminars, or meditation sessions led by Buddhist practitioners from different parts of the world.

Late Afternoon: Take some time for reflection and meditation at one of the peaceful spots in Lumbini, such as the Peace Pagoda or the Bodhi Tree.

Evening: Attend a prayer ceremony or cultural performance at one of the monasteries in the

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International Monastic Zone. Experience the spiritual and cultural richness of Lumbini firsthand.

Day 4: Departure from Lumbini

Morning: Enjoy breakfast at your hotel and take some time to relax before check-out.

Mid-morning: Depending on your departure schedule, you may have time for some last-minute souvenir shopping or exploration of nearby attractions.

Afternoon: Transfer to Gautam Buddha Airport in Bhairahawa for your onward journey. Bid farewell to Lumbini with cherished memories of your spiritual and cultural experience.

Cost Includes

- Accommodation
- Transportation
- Meals
- Entrance Fees
- Guided Tours
- Cultural Experiences

Cost Includes

- Airfare
- Visa Fees
- Travel Insurance
- Personal Expenses
- Tipping
- Optional Activities