

8848 Nepal

Bardiya National Park



Trip Facts

Difficulty Level: Easy

Trip Area: Bardia National Park

Maximum Altitude: 1441m/4,727.69ft-Sukramala

Best Season: September-November and March-May.

Meals: Breakfast, Lunch & Dinner

Accommodation: Hotels, Resorts & Lodges

Transportation: Flight, Car, Jeep or Bus

Trip Start: Kathmandu

Trip End: Kathmandu

Itinerary Highlights

- Wildlife Safaris
- Bird Watching
- Adventure Activities
- River Safaris
- Relaxation and Recreation
- Conservation Efforts
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- Biodiversity
- Scenic Landscapes
- Nature Walks and Jungle Treks
- Tharu Cultural Experience

Trip Overview

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Bardiya National Park, located in the southwestern part of Nepal, is one of the country's largest and most pristine national parks. Covering an area of 968 square kilometers, the park is situated in the Terai region and is known for its rich biodiversity and dense jungle landscapes. Bardiya National Park is renowned for its diverse array of wildlife. It is one of the best places in Nepal to see Bengal tigers, with the park being a critical habitat for this endangered species. The park is also home to other large mammals such as the greater one-horned rhinoceros, Asian elephants, leopards, and sloth bears. Additionally, various species of deer, including spotted deer and swamp deer, can be found here. The park is a paradise for bird watchers, with over 250 bird species recorded. Notable birds include the endangered Bengal florican, white-rumped vulture, and the lesser adjutant. The riverbanks and wetlands attract a variety of waterfowl and migratory birds. The Karnali River, one of Nepal's largest rivers, flows through the park. It is not only a lifeline for the park's ecosystem but also offers opportunities for fishing, rafting, and spotting river dolphins and gharials (a type of crocodile). Bardiya's landscape comprises dense sal forests, riverine forests, grasslands, and wetlands. This variety of habitats supports a rich diversity of flora and fauna.

Detail Itinerary

Day 1: Arrival in Kathmandu: Fly into Kathmandu, the capital city of Nepal.

Transfer to Bardiya: Take a domestic flight from Kathmandu to Nepalgunj, the nearest major city to Bardiya National Park. From Nepalgunj, you can either take a bus or hire a private vehicle to reach Bardiya, which is approximately 2-3 hours away.

Check-in: Arrive at your accommodation near Bardiya National Park and check-in. There are various lodges and resorts available for visitors.

Evening: Relax and enjoy the surroundings. You can take a leisurely walk around the area or enjoy a traditional Nepali dinner.

Day 2: Safari/Cultural experience

Jungle Safari: Start your day early with a jungle safari in Bardiya National Park. You can choose from various options such as jeep safaris, elephant safaris, or walking safaris. Explore the diverse flora and fauna of the park, including endangered species like Bengal tigers, one-horned rhinoceroses, and Gangetic dolphins.

Bird Watching: Bardiya National Park is a paradise for birdwatchers, with over 400 species of birds. Spend some time observing and photographing the colorful birds in their natural habitat.

Tharu Cultural Experience: In the evening, immerse yourself in the local Tharu culture. Visit a Tharu village to learn about their traditions, customs, and lifestyle. Enjoy traditional Tharu dance performances and interact with the friendly locals.

Day 3: Rafting/Nature Walks

River Rafting: Embark on an exhilarating river rafting adventure on the Karnali River, which flows alongside Bardiya National Park. Experience the thrill of navigating through the rapids while enjoying the stunning scenery along the riverbanks.

Nature Walk: Take a leisurely nature walk along the banks of the Karnali River or through the

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lush forests of Bardiya National Park. Keep an eye out for wildlife sightings and enjoy the tranquility of the natural surroundings.

Sunset Views: End your day with a breathtaking sunset view from one of the scenic spots in Bardiya National Park. Relax and unwind as you watch the sun dip below the horizon, painting the sky in vibrant hues.

Day 4: Departure

Departure: After breakfast, bid farewell to Bardiya National Park and transfer back to Nepalgunj. From Nepalgunj, you can catch a flight back to Kathmandu or your next destination.

Cost Includes

- Accommodation
- Meals
- Transport
- Park Entry Fees
- Guided Activities
- Cultural Programs
- Guides and Naturalists

Cost Includes

- International and Domestic Flights
- Visa Fees
- Travel Insurance
- Personal Expenses
- Optional Activities
- Tips and Gratuities
- Health Precautions
- Extra Equipment
- Alcoholic Beverages
- Souvenirs

Guidelines / Information

Preparation and Planning:

1. Book in Advance: Arrange accommodation, safaris, and any guided tours before your arrival to avoid last-minute hassles.

2. Health Precautions: Consult a travel health specialist for vaccinations and malaria prophylaxis. Carry a basic first-aid kit.

3. Travel Insurance: Ensure you have comprehensive travel insurance that covers medical emergencies and activities like safaris.

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Wildlife and Safari Etiquette:

- 1. Respect Wildlife:** Maintain a safe distance from all animals. Do not attempt to feed or touch them.
- 2. Stay Quiet:** Speak softly and minimize noise to avoid disturbing the wildlife.
- 3. Follow Guide Instructions:** Always listen to your guide's advice and instructions during safaris and nature walks.
- 4. Stay with the Group:** Do not wander off alone; staying with your group ensures safety and maximizes wildlife sightings.
- 5. No Flash Photography:** Avoid using flash photography as it can startle animals.

Environmental Responsibility:

- 1. Leave No Trace:** Do not litter. Carry all trash out of the park and dispose of it properly.
- 2. Stick to Trails:** Stay on designated trails and paths to minimize impact on the environment.
- 3. Avoid Picking Plants:** Do not collect or disturb any plants, flowers, or other natural materials.
- 4. Water Conservation:** Use water sparingly, especially in remote lodges where water supply may be limited.

Safety Measures:

- 1. Clothing:** Wear neutral-colored clothing to blend with the natural environment. Avoid bright colors that can attract animals.
- 2. Footwear:** Wear sturdy, comfortable shoes suitable for walking and trekking.
- 3. Insect Protection:** Use insect repellent and wear long sleeves and pants to protect against mosquito bites.
- 4. Sun Protection:** Use sunscreen, wear a hat, and bring sunglasses to protect against the sun.

Cultural Sensitivity:

- 1. Respect Local Customs:** Be mindful of local customs and traditions, especially when visiting Tharu villages.
- 2. Ask Permission:** Always ask for permission before photographing people.
- 3. Dress Modestly:** Dress modestly, particularly when interacting with local communities.

Emergencies and Communication:

- 1. Emergency Contacts:** Keep a list of emergency contact numbers, including your lodge, tour operator, and local medical facilities.
- 2. Communication Devices:** Carry a mobile phone or other communication device. Note that network coverage may be limited in some areas.

Responsible Tourism:

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- 1. Support Local Economy:** Purchase goods and services from local vendors to support the local economy.
- 2. Sustainable Practices:** Choose eco-friendly accommodations and tour operators who prioritize sustainability and conservation efforts.

Enjoying Your Trip:

- 1. Patience and Flexibility:** Wildlife sightings can be unpredictable. Be patient and flexible with your schedule.
- 2. Stay Hydrated:** Carry a reusable water bottle and drink plenty of water, especially during outdoor activities.
- 3. Document Your Experience:** Take notes and photos to remember your trip, but always prioritize experiencing the moment.